# Shine as a "teacher" Authentic Tibetan Meditation teacher Calm-abiding the mind teacher

(Advanced mindfulness teacher training) Practical information

*shine bright like a* DIAMOND

#### Dates for online course: Authentic Tibetan Meditation teacher 2019-2020

The online course is taught live, but instead of being at the location (Kluisbergen), we use an online platform where a group of students and the teacher connect. The classes are held from 9:30 until 16:30 with a lunch break.

#### Weekdays,

Module 1:

27 September 2019

29 November 2019

20 December 2019

10 January 2020

# Module 2:

21 February 2020

20 March 2020

Module 3:

Exam: TBD

### Weekends

Module 1:

1 December 2019

5 January 2019

23 February 2019

29 March 2019

#### Module 2:

19 April 2020

21 June 20202

Module 3:

Exam: TBD

After the course, you will follow a three-day weekend master class in Europe with Tulku Lobsang. Upon successful completion of this course, the Mindfulness Meditation Teacher diploma is awarded.

Every two years, a two-day training course is organised with an emphasis on practice, the exchange of experiences and deepening of theory. The price of this course is 300 € (incl. VAT). From that amount, 90 € will be transferred to the Nangten Menglang International Buddhist Centre, and 173 € (excl. VAT or 210 incl. VAT) will be paid to Tarayogini. After attending the refresher-training weekend, your certificate will be extended for two years.

#### Prices for training with the teacher.

The total price is 1,960 €:

- 400 €(incl. VAT) is paid at least three weeks before the start of the course to Nangten Menglang International Buddhist Centre for the development of the program as well as for the support materials (English syllabus) and promotional material.
- The training itself costs 1.560 € (incl. VAT)
- You can register for the training by paying 560 € (incl. VAT) in advance to Tarayogini. The remaining 1,000 € (incl. VAT) should be paid before the start of the course.

A repayment plan for the remaining 1,000  $\in$  (incl. VAT) can be arranged. This can be paid over six months. (In the case of an instalment plan, an additional fee of 150  $\in$  will be charged.)

Please provide the correct address and VAT number when registering, for your invoice.

After the course, you will follow a three-day weekend master class in Europe with Tulku Lobsang. Upon successful completion of the course, the Mindfulness Meditation Teacher diploma is awarded.

Every two years, a two-day training course is organised with an emphasis on practice, exchanging experience and deepening theory.

The price of this training is 300 € (incl. VAT). From that amount, 90 € will be transferred to Nangten Menglang International Buddhist Centre, and 173 € (excl. VAT or 210 € incl. VAT) will be paid to Tarayogini. After attending the training weekend, your certificate will be extended for two years.

(Note that the price for Spain, Portugal and Brazil is 1300 €.)

## **Cancellation** policy

We ask you to consider your registration carefully. Once you have registered and signed the training agreement, it is final. Cancellations should always be made in writing by post or email.

- If you cancel before the start, the deposit will be lost.
- No refunds are possible for early termination of registration.

We are entitled to cancel the courses up to one week before the start if we do not have enough registrations.

I will be happy to welcome you to the school. If you have any unanswered questions, please feel free to contact me.

"Life can only take place in the present moment. If we lose the present moment, we lose life."

Buddha